

# "TOP GUN"



Hey Junior Swimmers and Parents,

The next Junior Top Gun will run 4-5pm on:

**Friday 12<sup>th</sup> April 2013!**

This is an important part of Juniors training. Top Gun gives our Junior swimmers the opportunity to show their parents and coaches how far they have come so **100% attendance** is expected.

Warm-up is at **4pm**.

Aim to start at **4.15pm**

Junior Parents will time keep the events. Without your help the top guns cannot run effectively!

National Swimmers will be there to assist where needed.

**Swimmers must do all events to be in the running for TOP GUN WINNERS.**

Results will be on display on both the notice board and on the arena swim club website within the next week. Results are based on a 1 second handicap between age groups. (ie: an 8 year old does a 49.00 second time then a 9 year old must do a 48.00 second time to gain a record and a 10 year old a 47.00 second time and so on)



Junior Age Coaching Team

[www.arenaswimclub.com.au](http://www.arenaswimclub.com.au)