

Top Gun Results - February 2014



'AA' Times 2013 - 2014 LC

Top Gun Targets (2013 - 2014 JX Tier 3)

State Qualifying Times (SQT) 2013 - 2014 Long Course (LC)

* Butterfly With Fins M/F = Male Times/Female Times

6 and 7 year olds - aim for the 8 year old times

8 years Old for Junior LC States	Date of Birth	50 Fly	50 Bk	50 Brs	50 Free
8 year old 'AA' Times		58.00	58.00	1.04.00	49.00
9 year old Top Gun Targets (JX)		49.00	50.00	55.00	42.00
8 year old 'SQT' Times		52.00	53.00	58.00	45.00
Cramp, Ethan	24/07/2006		1.06.47		1.03.02
Norton, Amber	10/04/2006		1.04.03		58.57
Andes, Chantelle	27/06/2005		56.62		56.07
Fowler, Maisy	11/04/2005		1.15.73		1.09.73
Goudeau, Maxime	6/06/2005		58.81		57.61
Hignett, Jemima	20/05/2005		1.01.79		51.61
Holroyd, Emilia	27/01/2006		1.12.66		1.03.11
Lummis, Daniel	21/09/2005		1.04.93		1.05.96
MacDonald, Ryan	6/10/2005		1.01.19		58.47
Williams, Alexander	18/11/2005		52.03		46.5

9 years Old for Junior LC States	Date of Birth	50 Fly	50 Bk	50 Brs	50 Free
9 year old 'AA' Times		55.00	55.00	1.00.00	46.00
9 year old Top Gun Targets (JX)		49.00	50.00	55.00	42.00
9 year old 'SQT' Times		49.00	50.00	55.00	42.00
Booth, Ella	6/05/2004		56.64		48.45
Burgess, Aiden	28/09/2004		55.29		46.13
Cox, Aaron	27/07/2004		50.76		44.73
Cramp, Tom	18/11/2004		56.95		49.17
Ellerton, Fletcher	12/01/2005		1.04.70		52.23
Ellerton, Sophie	12/01/2005		54.87		49.7
Hughes, John-Paul	14/09/2004		1.01.20		53.22
Leonard, Evie	30/07/2004		1.18.79		1.04.00
Norton, Kai	29/03/2005		1.02.44		55.63
Reyneke, Janelle	26/05/2004		1.21.30		1.11.76
Sabouri, Justin	22/12/2004		57.63		48.49
Turner, Ethan	23/04/2004		1.10.97		1.00.73
Vorster, James	7/07/2004		1.00.47		48.5
West, Ella Louise	19/08/2004		1.02.17		57.13



Well Done Everyone 😊

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10 years Old for Junior LC States	Date of Birth	50 Fly	50 Bk	50 Brs	50 Free
10 year old 'AA' Times		49.00	49.00	55.00	40.00
10 year old Top Gun Targets (JX)		44.00	46.00	51.00	38.00
10 year old 'SQT' Times		44.00	46.00	51.00	38.40/38.00
Gilpin, Sean	17/04/2003		54.35		45.69
Goudeau, Alexandre	27/11/2003		55.59		39.99
Halford-Smith, Ellena	29/02/2004		58.56		49.94
MacDonald, Amy	22/07/2003		52.53		42.72
Rust, Lucy	22/07/2003		57.62		44.73
Udall, Devon	5/09/2003		52.40		42.86
Waddingham, Cate	31/10/2003		56.81		48.78
Williams, Lucy	25/06/2003		51.57		42.07

11 years Old for Junior LC States	Date of Birth	50 Fly	50 Bk	50 Brs	50 Free
11 year old 'AA' Times		46.00	48.00	53.00	39.00
11 year old Top Gun Targets (JX)		41.00	44.00	49.00	36.00
11 year old 'SQT' Times		41.00	44.00	49.00	36.00
Baker, Lucie Louise	14/09/2002		50.94		42.09
Bird, Izabella	19/10/2002		1.00.06		47.19
Chorrez, Alexia	7/08/2002		1.04.46		53.69
Ferguson, Ethan	12/12/2002		1.00.59		54.94
Gutierrez, Paula	2/09/2002		44.50		36.69
Ng, Rachael	19/01/2003		55.43		50.18

12 years Old for Junior LC States	Date of Birth	50 Fly	50 Bk	50 Brs	50 Free
12 year old 'AA' Times		41.00	45.00	50.00	36.00
12 year old Top Gun Targets (JX)		37.50/38.50	41.00	46.00	33.50
12 year old 'SQT' Times M/F		37.50/38.50	41.00	46.00	33.50
Galjaardt, Alicia	15/02/2002		42.35		37.97
McHardy, Samantha	25/02/2002		51.23		46.21



Well Done Everyone 😊

Top Gun Results – Summary for February 2014

All swim times are on the ASC notice board and ASC website!!!

We hope you had a good time and raced hard. A huge **thank-you** to all of the parents, committee members, and National swimmers, that helped on the day. It is much appreciated.

Top gun is part of the Junior Training Program and we encourage all members to participate every month to gain the most benefit from the program.

A swimmers age is calculated as:

Age on the first day of Junior Long Course Championships then

Age on the first day of Junior Short Course Championships

This gives a clear indication as to what times the swimmer is striving to achieve in relation to the 2 main competitions each year in their own age category.

TOP GUN TROPHY WINNERS – can you please return your trophies a few days before the next Top Gun.

We will remind you when that will be!!

Hot Tips:

Freestyle

- High elbows
- Fast kick
- Don't breathe first 3 strokes

Backstroke

- Head Still
- Chin back
- Shoulder rotation



TOP GUN WINNERS:

50m Backstroke – Alicia Galjaardt
50m Freestyle – Paula Gutierrez

RECORDS:

	8 & under	9 years old	10 years old	11 years old	12 years old
FLY (FINZ)	Luke Burnett	Jack Penny	Mia Sutcliffe	Gareth Fowles	Emily Duke
	40.10	34.36	38.15	38.44	36.91
FLY	Maddison Horsfall	Megan McGloin	Ben Smith	Carys Donald	Georgia Bradley
	51.56	48.46	40.02	42.62	45.53
BK	Maddison Horsfall	Max Bremer	Alysha Neilan	Alysha Neilan	Jordan Reynolds
	49.75	47.07	42.57	42.27	42.03
BRS	Riley Warland	Max Bremer	Isabel Daines	Angela Cunningham	Wernau Roberts
	55.86	53.31	48.99	49.71	46.84
FS	Angus Clouston	Luciano Todoro	Isabel Daines	Adam Booth	Jordan Reynolds
	42.78	39.60	38.54	36.04	36.63