

THE ARENA SWIM CLUB

presents



INTERs & DEVO's STATE PERFORMANCE & NDT Swimming development clinics with

Bud McAllister

SATURDAYS

**INTER &
DEVO'S**

May 30th, June 27th
from 8am to 9am

**STATE
PERFORMANCE
& NDT**

June 2nd, July 14th
from 6pm to 7pm

COACHED
SWIMMERS
TO 5 OLYMPIC
MEDALS AND
6 WORLD
RECORDS
AND IS THE
HEAD COACH
OF THE HIGH
PERFORMANCE
TRAINING CENTRE
FOR WAIS BASED AT HBF ARENA



TUESDAYS

Come and watch Western Australia's Olympic swimmer, Blair Evans, as she pursues her Olympic dream for Rio 2016 under Bud's tutelage every Tuesday and Thursday 4pm - 6pm at HBF Arena.



Blair Evans

THE ARENA SWIM CLUB

SWIMMING DEVELOPMENT CLINICS WITH **BUD McALLISTER**



1 HOUR SESSIONS

Will be on Saturdays for Inters and Devos, May 30th and June 27th from 8am to 9am and Tuesdays for State Performance and NDT, June 2nd and July 14th from 6pm to 7pm.

PARTNERSHIP

Arena Swim Club is working in partnership with the WA Institute of Sport and the WAIS Northern High Performance Training program headed by Bud McAllister.

WAIS TEAM

You will have seen on Monday afternoon at 4pm that the WAIS team trains alongside our squads and on Tuesday and Thursday afternoons our ASC National squad trains with the WAIS team across all short-course lanes at the deep end. The WAIS team comprises 12 athletes, 6 of whom are ASC members, along with Blair Evans, our very own Olympic, World Championship, Commonwealth Games and Pan Pacific Championship representative.

CONGRATULATIONS

Congratulations to James Claxton, William Rollo, Justin Martin, Ben Roberts, Paras Nain and Tristan De Villiers who have all been invited to train with WAIS.



Bud McAllister

BORN Grand Rapids, Michigan

POSITION Head Coach, WAIS Northern High Performance Training Centre

POOL HBF Arena and Craigie Leisure Centre

ACHIEVEMENTS

- ✓ Coached athletes to 5 Olympic medals and 6 World Records
- ✓ Named Coach of the Year in 3 different Countries (USA, Canada & Wales)
- ✓ Inducted into the American Swimming Coaches Association Hall of Fame in 2007
- ✓ Appointed the Head Coach for the 2015 WA State Short Course Team that will compete at the Australian Institute of Sport in September 2015