



Arena Swim Club



"At the start of each day, I remind myself, my toughest opponent is in the mirror" - Ryan Lochte

**Coaches are targeting
Race Starts, Turns and Finishes**

**Due to Western Sprint Swim Meet
there will be NO TRAINING for ANY
team Except for Juniors
Saturday 20 June**

A friendly reminder to all parents:
Could you please refrain from coming
on pool deck whilst your child is
training in either the main pool or in the
leisure pool. This can be very distract-
ing to the swimmers and coaches need
to be fully focused on their team.

**Arena Swim Club
needs you!!**

Become an Official

We need some of our own to qual-
ify as SWA officials. This can be a
role that you only do at club level.
There is a free training course com-
ing up on 12 June. You can even
attend the course via video con-
ferencing!

**Go to [http://wa.swimming.org.au/
page.php?id=103](http://wa.swimming.org.au/page.php?id=103) for more info.**

Please remember that we only
have a Race Session at most once
per month and if you have a com-
petitive swimmer you will be there
anyway (and more than likely hav-
ing to time-keep all session!) so it's
not a really really big commitment!

**Western Sprint (June 20 2015)
Entries Close on Thursday June 11^h (9pm).**

93 Individual Entries and Counting!! Fantastic Effort EVERYONE

**Perth City SC Classic (July 18 2015)
Entries Close on Friday July 10th.**

JUNIOR DOLPHINS

Swimming WA are running a Junior Dolphins Carnival on
Saturday 20 June from 2pm. The carnival is for all Junior
Dolphins ages **5-8** (and SWA Member 7/u)

This is filled with a lot of fun races, with a photo booth,
blow up toys etc – a great afternoon for kids to have fun
at a fun swimming carnival. The aim is to ensure they en-
joy this day and to encourage them to continue swim-
ming within a club environment.

Please

email ashlee.martin.arenaswimclub@hotmail.com if you
require any further information or check out the flyer here
<http://www.arenaswimclub.com.au/?p=12701>

**Flu Season is now
upon us. If your
child is unwell it
would be
appreciated if
you could please
keep them at
home.**



**Thank
You!**



**A Very Big Thank You to all
the Parents for your help
and support at our race
session last Friday Night.**