



If it doesn't challenge you, it doesn't change you. SWIM HARDER

# COACHES ARE TARGETING Training Attendance

(Please see your coach to work out your personal attendance plan.)

Your child needs you to time keep so they can keep competing



Brittany Beesley (Above) received the Jack Howson Trophy:
Awarded to the swimmer aged 15 years, either male or female, competing in 100m freestyle, breast-stroke, backstroke and butterfly events at the State Age LC Championships and gaining most points by placing 1st, 2nd or 3rd.

Congratulations!!

#### **Upcoming Swim Meets:**

## Perth City Short Course Classic (July 18 2015)

Entries Close on Friday July 10th

### Junior Short Course Top Gun July 3rd

Race Session Short Course July 3rd

#### **Western Sprint Swim Meet**

Fantastic effort to all ASC members who entered the Western Sprint Swim meet, we have had one of the biggest numbers of individual entrants into a meet in the history of the club. 95 in all. Coaches in attendance will be; Carey, Warren, Ashlee, Tenaha

Please arrive by 7:45am. Thank you

#### **Club Bathers**

If you are interested in purchasing a pair of club bathers please contact Lisa Loller or Wendy Clouston at arena.uniforms@yahoo.com.au You can see sample of the bathers on our Website or Facebook.

## **PARKING 27 JUNE**

On Saturday 27 June, HBF Arena will be hosting the West Perth v Subiaco WAFL match, including International Round activities, and the CUA Cheer Unlimited Championships as well as the usual sporting competitions and venue activities.

The carpark will be extremely busy all day, particularly in the afternoon. From 1.00pm overflow parking will be available at Lake Joondalup Baptist College for a cost of \$5.00 per vehicle.

We're asking visitors to allow plenty of extra time to access the venue and to park the car.

#### NO TRAINING (6am to 8am)

for National, National
Development,
State Performance, Devos,
Inters teams
Saturday Morning 20th of June
Due to Western Sprint Swim
Meet.

## **There WILL be training**

for Juniors 8am to 9am

Inters and Devos Stroke Clinic with Bud McAllister 27 June 8am